

# Nordplus Junior

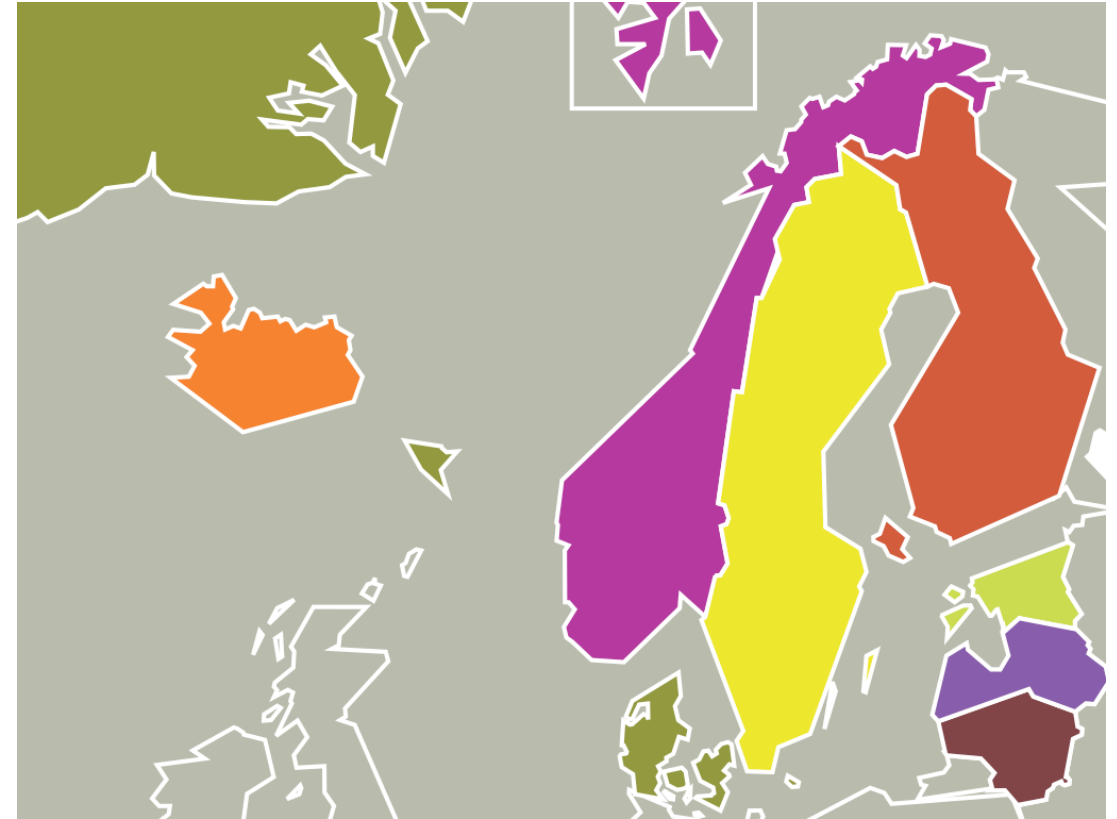
Application round 1:st of October 2025

Karin Ericson and Eva Holmestig  
Nordplus Café, 26:th of August 2025



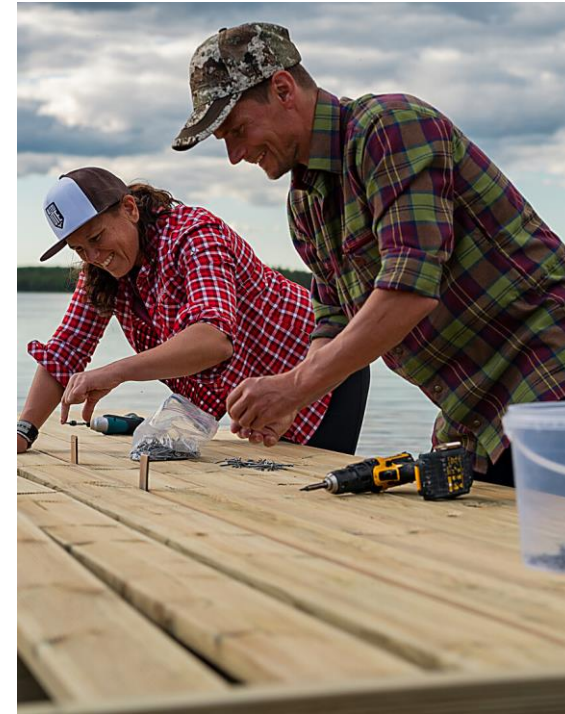
# Nordplus Junior

- **Nordplus Junior** is one of 5 sub programmes
- **Budget:** appr. 3 million euro
- **Nb. of participants:** *app. 5 000 per year*
- **Themes:** Inclusion, Early childhood education, ICT and digitalization in education, Teacher education and teacher competences etc.
- **Highlight 2025-2026:** “Skills and Knowledge for a Competitive Nordic and Baltic Region”



# What you can do within the programme

1. Mobility Projects
2. Development Projects



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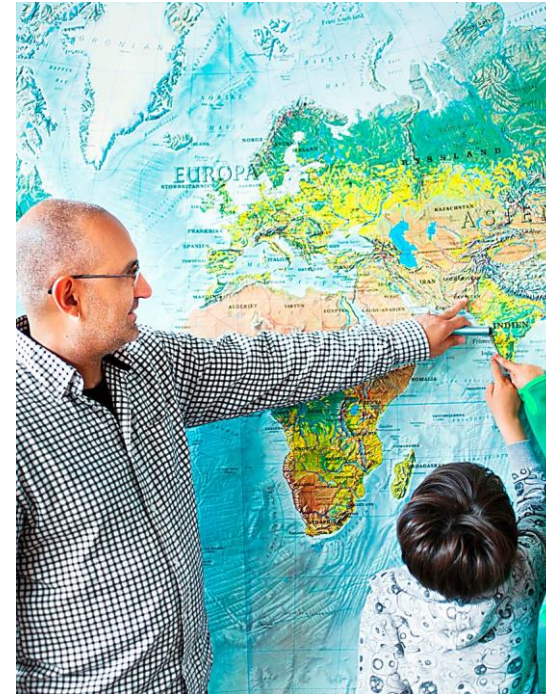
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# Mobility Projects

- Preparatory visits
- Teacher exchanges
- Class exchanges
- Study visits



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# Development Projects

- Quality assurance
- Dissemination of project results
- Development and improvement of pedagogical methods
- Improvement of curricula
- Administrative meetings to establish and develop networks. Information activities and dissemination of results .



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# Who can participate?

**The following organisations can apply as coordinators:**

- Preschools, Kindergartens
- Primary schools
- Upper secondary schools (both theoretical and vocational programmes)
- Vocational schools and apprenticeships
- Culture schools

**The following organizations may participate as partners:**  
(in development projects)

Other organizations or companies that work with or have strong interests in the field of school education.

Note: this only regards for development projects and preparatory visits

# Funding

## **Mobility Projects:**

- At least 2 partners from 2 countries
- Fixed rates for the categories:  
Travel costs  
Board and lodging  
Study visits (1 organization travels to host organisation)

## **Development Projects:**

- At least 3 partners from 3 countries
- Fixed rates for the categories:  
Travel and subsistence for meetings  
Project management, implementation and dissemination of results



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# A Few Facts about Nordplus

- Class exchange dominates
- Primary and secondary school – most applications
- Green Growth, Climate Change and Sustainable Development – most popular themes



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# Easy, Close, Sustainable

- Sweden is responsible for Nordplus Junior
- Applications in Scandinavian or English
- Tailor your project – possibility to combine activities in one application
- Espresso – application- and reporting system – easy to use
- A flexible program with simple regulations
- Decisions on the allocation of funds are made by the Program Committee



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# Nordplus – the Pitch is...

- Easy, close, sustainable
- Exchanging experience with teachers and school leaders in other countries
- Positive effects and continuing education
- The school will gain increased attractiveness and motivation
- The Nordic/Baltic setting gives certain values
- The knowledge, experiences and methods you gain can easily be applied in your own preschool or school



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# Success factors

- Connect the goals of the project to the goals of the participants schools'
- Make a longterm plan for international cooperation
- School leaders take an active role in preparations and implementation of the project activities
- School managment is an active part in projects
- Put togheter a responsible control group at the schools for administration of the project



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# Finding partners

A **partner search function** is available at [Nordplusonline](#)

- Register your organisation: [Become a partner in Nordplus](#)
- Search for partners in the database: [Nordplus partner-search](#)

**Register on Facebook** Nordplus Junior – Search for cooperation

**eTwinning partner** search function [eTwinning](#)

**Contact seminars**, International seminars, network of your own organisation, trade organisations or professional organisations, Twin towns or cooperation regions.



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# Get started

- Current situation
- Goals
- Ideas
- Needs



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# Fixed rates

- Grants for travel and subsistence
- Maximum 5 days (including travel time) with the participation of up to 2 representatives from each organisation
- (Usually) to be carried out within a period of 1 year.
- Study Visits must be carried out within 6 months.  
Usually 2-3 days (excluding travelling days)

## Fixed maximum travel rates

Route	amount (Return journey)
To and from Greenland	1.300 €
To and from Faroe Islands and Iceland	660 €
Between Denmark, Estonia, Finland, Latvia, Lithuania, Norway, Sweden and Åland	330 €
*Domestic, more than 500 km, return trip	175 €

Grants for domestic travel can be applied for, both for travel in the home country and in the country where the partner school is situated.

## Fixed rates for subsistence– for teachers and pedagogical staff:

### Fixed rates for subsistence (not for pupils/students)

Teachers and mentors    Day 100€    Week 500



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# Preparatory visits

- The partnership must consist of minimum 2 organisations
- One organisation is the **coordinator**, who is responsible for submitting the application on behalf of the partnership. The coordinator also receives the total grant and must distribute the grant among partners. The coordinator is also responsible for submitting the final report.
- One organisation in the partnership takes on the role as **host**. The host does not receive any grant from Nordplus. The grants are for the traveling partners.

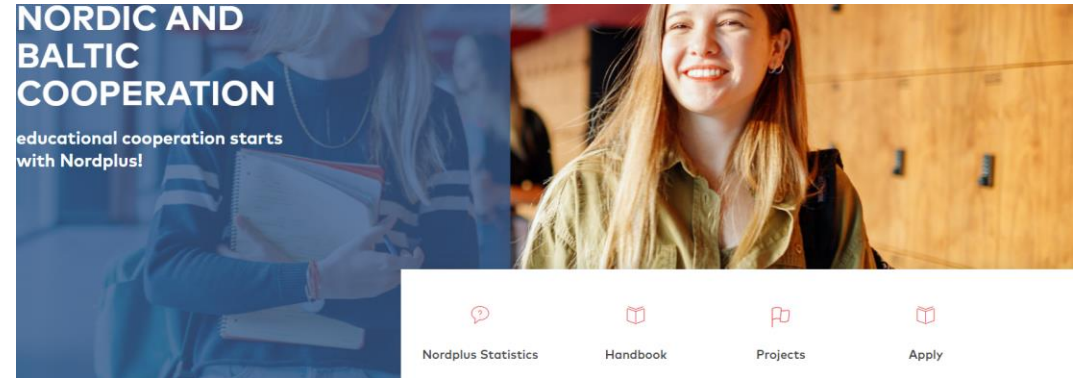


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# Nordplus Application



- Read [new-nordplus-handbok-2025-2.pdf](#)
- Applications must be submitted electronically through the system [Espresso](#), which is found at [nordplusonline.org](#)
- You must create a user account in order to access the application forms – “Register new user”
- The application form is available in English and Danish
- The application must be written in English, Danish, Norwegian or Swedish





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# Project Stories

- Read inspirational [project stories](#)
- [Teacher exchange increased interest in Nordic languages \(Junior\)](#)
- Check previously awarded projects in our [project database](#)



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	<b>Nordplus preparatory visit</b>		<b>Nordplus study visit</b>	
<b>What?</b>	Joint planning of a future project		Competence development	
<b>Where?</b>	At one of the participating partners		At a school, an educational organization, an authority, a research center or a company	
<b>Whom?</b>	One or two teachers in preschool, primary/secondary school, upper secondary school or adult learning		Two to five teachers, school leaders, other staff or staff in education administration within in preschool, primary/secondary school and upper secondary school	
<b>Why?</b>	Create good conditions for getting an application granted within Nordplus Junior, Nordplus Adult or Nordplus Nordic Languages		Fulfill needs based on strategic development	



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# Project Description, Preparatory Visit

- Give a short outline of the future project you wish to prepare for
- Which development needs underlie this application and the future project?
- Present an agenda, day by day, for the preparatory visit meeting and indicate date and place. Describe the planned activities and their content. Explain why you chose these activities and how they will benefit the future project.



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# Study Visits

- 2-5 participants, 2-3 days excluding travelling days
- Schools or local Education Departments may plan for a visit to other educational institutions, research centers, governmental institutions, school legal bodies, companies etc.
- The study visit must contribute to new knowledge, experiences, and perspectives relevant to the professions within the school sector and must clearly meet an identified development need at the organisation.



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# Project Description, Study Visit

- Describe your organization's development needs and indicate how your participation in a study visit will meet that need and contribute to the development of your professional roles
- Describe how you will implement new experiences and gained knowledge in your teaching or in your function/professional role
- Describe how your new experiences and knowledge will be disseminated within the organization
- Present an agenda, day by day



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# Letters of intent



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# Tips and tricks for the application

1. Be as concrete as possible about the future project
2. The evaluator must be able to see that the application fits with the objectives and target groups of Nordplus Junior. Read about the target groups and possible activities in the Nordplus Handbook.
3. It is best if all future partners participate in the preparatory visit – i.e. that the application presents a full partnership.
4. The programme of the visit must correspond to the applied days.



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# Application Deadlines

Last date to submit the application for  
autumn round :

**The 1:st of October, 2025**

Last date to submit the application for  
spring round :

**The 2:nd of February, 2026**



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# More information?

- Visit our website [nordplusonline.org](https://nordplusonline.org)
- Join us at [facebook/wearenordplus](https://facebook/wearenordplus)
- Follow us at [Instagram](#)





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# Evaluation

<https://link.webpolsurveys.com/S/BF26AE2EA6F2053A>



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# Contact Nordplus at the Swedish National Office



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# Tack!

[nordplusonline.org](https://nordplusonline.org)